

MMSM

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# INSIGHTS

The Official Publication of Magsaysay MOL Ship Management, Inc.

HAPPY NEW YEAR

2018

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## OUR YEAR IN REVIEW



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**MERRY CHRISTMAS & HAPPY NEW YEAR**



**VICENTE A. PONO**  
**PRESIDENT**



## MESSAGE FROM THE PRESIDENT

The '...ber' months are here!! Jolly faces and expressions for both young and old alike. The streets are beginning to be more congested than usual and the malls are getting more crowded than at other times of the year. The air is once again filled with the unfathomable excitement going well into the last months of the year. Strong or weak, healthy or else, young or once-young, rich and not-so-rich, whatever is the status a person, everybody is being thankful to have reached this time of year and going into another year of borrowed life. A lot can be said and we always try to remember the reason for having the culmination of the season – the much awaited Christmas day!

We in MMSM are no different from others. We are very glad that we are all together, working together, spending time resolving difficult situations or just enjoying talks with, sometimes, seemingly meaningless jovial topics. Looking back at the last 3 quarters, one can feel a smile of delight developing in one's face what with all the things we have carefully and meticulously planned, successfully done and those that we are still planning or going to do. So many things and yet time flies so fast that we did not realize the chapter 8th year of operation is soon to come to conclude and the next chapter is eagerly waiting with anticipation!

We are very thankful to all our colleagues both ashore and onboard our managed vessels for having been with us through these trying years. We also welcome those who are with us for the first time. We hope that you enjoy your time while learning the trade and earning your keep. We encourage you all to continue to be diligent in the practice of safety both in work and in personal life. We would like you to be with us for many many years to come.

And while on the topic of Christmas, we want encourage each and everyone to experience the joy of the celebration. More on the prudent side of it, though. We are all aware that too much of everything is not good. Let us restrain ourselves from losing control of our budget, let us be careful not to over indulge our appetite and we should restrain the spirit of alcohol from adversely affecting our senses. There are so many ways to enjoy the season and let us utilize the miracle of the modern technology in sharing our experiences in celebrating the one and only Christmas.

Wishing one and all a joyful celebration of a merry Christmas and may the Lord God Bless Us All!

# MMSM BULLETIN BOARD

## October

- 4 - EMS & EnMS Committee Meeting
- 6 - NK External Audit
- 10 - MMSM Monthly Sugar Test
- 11 – 16th BOD Meeting
- 20 – 3rd QTR Report Submission
- 20 – Y2017 Estimated Result and Budget Proposal for Y2018
- 27 - Magsaysay Trick or Treat
- 31 – Special Non Working Holiday

## November

- 1 – Regular Holiday (All Saints Day)
- 3 - MOL Marine Service Award
- 4 - MOL Family Day at Aliw Theater
- 13 – Nonworking Holiday (Asean Summit)
- 14 - Nonworking Holiday (Asean Summit)
- 15 - Nonworking Holiday (Asean Summit)
- 22 - MMSM Monthly Sugar Test
- 30 – Regular Holiday – Bonifacio Day

## December

- 8 - 10 AGM in Tokyo
- 14 - One Day Work Shop
- 15 - MMSM Annual Dinner
- 21 - MMSM Monthly Sugar Test
- 22 - MMMS Toast
- 25 – Regular Holiday Christmas Day



## Christmas Annual Dinner 2017

Merry Christmas! Of all the 365 days a year no other day is more celebrated and anticipated than Christmas Day.

Christmas is the day that we set aside to acknowledge and celebrate the miraculous birth of our Lord and Savior, Jesus Christ. For many, it is also a day filled with abundance of family traditions. No other holiday except Christmas Season finds more families gathered together in one place. It's a time when we Break Away from the hustle and bustles of everyday living to spend time with those we love so dear.

But, most importantly, it is a day and time to give THANKS unto our Heavenly Father for His Gift of Love, Mercy, Grace, Forgiveness, and Salvation. Of all the gifts anyone can ever receive, none other can compare to God's Gift to mankind; His only Begotten Son, Jesus (John 3:16). Jesus, the Reason for the Season!

MMSM employees enjoyed a night of fun filled annual Christmas dinner last December 15, 2017 at Luneta Hotel, TM Kalaw, Ermita Manila.

The year's party was officially opened by MMSM President Mr. Vicente Pono. He welcome everyone with his brief and inspiring remarks followed by a toast to mark the joy of an occasion and also the abundance as it overflows and sparkles.

It was MMSM tradition to celebrate Christmas dinner together with families and close friends. It was a night full of surprises, giveaways, raffles for all staff, families, and kids as well. the highlights of the event are the performance of the new employees, announcement of winner for the i-appreciate quote contest, and the announcement of winner for Mr. and Ms. MMSM of the night.

The annual Christmas raffle draw made it even more delightful where MMSM employees won special prizes (minor to major prizes).

# Congratulations!

## CHRISTMAS DECORATING CONTEST

### MMSM CHRISTMAS DECORATING CONTEST ON-BOARD

Congratulations everyone and thank you for actively participating and supporting our Christmas Decorating Contest. We truly appreciate your hard work, effort and team work for successfully completing this project.

We are pleased to announce the winners of our Christmas Decorating Contest. Winners are selected from the highest average scores given by the judges.

Winners will receive the following: 1st Price – USD 250.00, 2nd Price – USD 150.00 and 3rd Price – USD 100.00. And for non-winning vessels who participated they will receive consolation prize of USD 50.00 each.

### Congratulations to our below winners

1ST Place – JP MAGENTA



# CHRISTMAS DECORATING CONTEST

## 2nd Place

*CAMELLIA DREAM*



*BRILLIANT ADVANCE*



## 3rd Place

*KURENAI*



*KAIYO*



**Congratulations to all of our winners, and once again thank you all for your participation. Looking forward to your entries next year!**



# CHRISTMAS DECORATING CONTEST



# CHRISTMAS DECORATING CONTEST





# CHRISTMAS DECORATING CONTEST

## PRIZES:

**1ST PRIZE – USD 250**  
**2ND PRIZE – USD 150**  
**3RD PRIZE – USD 100**

	CRITERIA	SCORE
I.	Originality: Unique design and creativity	30%
II.	Arrangement: Display and placement of decorations	15%
III.	Theme: Story line or scene	25%
IV.	Team work	20%
V.	Overall: Overall Presentation	10%
		100%

# WINTER BLUES AND SEASONAL AFFECTIVE DISORDER

While the holiday season can bring about some unwanted stress, there are some scientific reasons why your mood can be affected by the seasons.

With the dark nights of winter and the colder days upon us, many people start to feel more lethargic, less motivated and experience lower moods than usual. 1 in 3 people, in the UK alone, suffer these general symptoms, with some describing a need for more sleep, while others experience less enjoyment in hobbies and activities. While many people experience low moods during the winter months, 1 in 20 suffer from a more severe form known as Seasonal Affective Disorder (or more aptly 'SAD'), which can have a significant impact on a person's daily life, impeding their ability to work or to socialize. A crew member's ability to perform in their role is crucial for not only the safe transportation of goods, but also to stay safe and prevent injury to themselves and others. Seafarers can be affected by SAD just like the rest of us, and together with the daily stresses of the job, it can be easy for crew to feel overwhelmed, both mentally and physically.

## What causes Seasonal Affective Disorder (SAD)?

The conditions of the winter season, such as shorter days, colder temperatures and lack of natural sunlight, can have an impact on a person's energy levels and overall mental and physical health, with the distinct lack of sunlight being a crucial factor.

Natural sunlight is an important element in any healthy lifestyle, being an invaluable source of vitamin D, as well as affecting a person's serotonin levels and internal body clock. Vitamin D The human body uses sunlight to generate vitamin D, which is crucial for absorbing calcium and maintaining healthy bones, teeth and muscles. Serotonin The hormone that affects mood, decision making, social behavior and other cognitive functions. Internal body clock A person's exposure to sunlight can affect their internal body clock, resulting in fatigue.

## What to look out for

- Greater need for sleep
- Agitation or anxiety
- A loss of pleasure or interest in normal everyday activities
- Persistent low mood
- Less energy / fatigue
- Trouble concentrating
- Increased appetite / weight gain
- Becoming less sociable

### Minimizing the effects of SAD

There are many changes that can be made to mitigate the effects of SAD during winter, these include:

- Try to get as much sunlight as possible during the day. If this is not possible, a 'light box' that emits light similar to that of the sun can be beneficial.
- Include more vitamin D in your diet by eating vitamin rich foods, such as fish, oranges and eggs.
- Try to exercise for 30 minutes a day.
- Where possible, try to avoid stressful situations, and take steps to manage your stress levels.

**Source:**

[https://www.safety4sea.com/wp-content/uploads/2018/01/UK-Club-Winter-blues-and-seasonal-affective-disorder-2018\\_01.pdf](https://www.safety4sea.com/wp-content/uploads/2018/01/UK-Club-Winter-blues-and-seasonal-affective-disorder-2018_01.pdf)

# MAGSAYSAY MOL SHIPMANAGEMENT, INC.



## VESSEL OFFICERS WORKSHOP

AN EXCLUSIVE LEADERSHIP LEARNING EXPERIENCE FOR MAGSAYSAY MOL

NOVEMBER 15, 16, 17 & 20, 2017 · MAGSAYSAY MOL SHIPMANAGEMENT, INC. · 5TH Floor Magsaysay Building, Kalaw, Manila

### VESSELS OFFICERS WORKSHOP (VOW) 3rd BATCH

The Vessels Officers Workshop (VOW) is an exclusive leadership workshop for Magsaysay MOL Ship management Inc. It was last held in Magsaysay MOL Board Room last November 15 to 20, 2017. It was facilitated by Doughouse Creative Design & Marketing

MMSM continue to implement this kind of program to increase self-awareness, enhance personal effectiveness and leadership confidence of our Senior and Junior Officers. It also aims to improve personal and organizational leadership abilities for them to be able to lead and cultivate team ship culture, create a strong safety conscious, cohesive and productive team.





## **i-Appreciate/ Thanksgiving Celebration MMSM Rewards and Recognition Program**

i-Appreciate was held last November 21, 2017 at 4th floor MIHCA Time Plaza Manila. I-appreciate is a thanks giving and 8th year celebration for MMSM. The i-appreciate event objective is to teach staff to appreciate, celebrate 8 yrs of MMSM, to re-orient staff of MMSM's company initiated benefits, and campaign i-appreciate even after the event.

The event started with photo booth, where MMSM staff enjoyed unlimited poses, it was great kick off to the event. Short film showing geared the mood to appreciate. It was a suitable introduction to RTR's Company initiated benefits, the employees reacted appreciatively to the company initiated discussion. Capped with the Appreciation Tree activity, everyone was made to remember what they have which generated a feeling of appreciation.

The badging exercise turned out to be more than just badging. It became a very sentimental event. And of course, the Appreciation quote of the year. Everyone was surprised with Mr. Pono's cash price announcement. The reaction was a true face of appreciation.

Overall, the program was absolutely appreciated. It was happy, soulful, and new!

## FEATURED VESSEL



### MV JP MAGENTA

Ho! Ho! Ho! CHRISTMAS is fast approaching. Cooler wind breeze blowing, fancy Christmas lights on every house along the streets, jolly Christmas carols played over the radio stations, "Simbang Gabi", smell of burnt banana leaves over Bibingka and the smoky taste of Puto Bungbong. This is just some of the things that pop into our mind when the season is coming.

Santa Claus is on his way I guess. But celebrating Christmas on board ship is not the same as we dream it. You still have duties to attend to even on the 25th. No Mano po Ninong Mano po Ninang, no Misa de Gallo to attend to. But even with our busy routines and schedules we still manage to spend the holidays with JOY.

Here in JP Magenta, Officers and crew took extra time on planning the Christmas party and program. Parlor games and prizes were prepared earlier. Entertainment numbers were practiced. Everybody was taking part. Decorations were put up out of recyclable materials. Utilizing such materials not only shows our strong commitment on environment protection but also challenges our creativity and promotes camaraderie amongst us. Though far from home and our families, we still managed to find comfort with our shipmates onboard. We sent greetings to our families and loved ones back home through Infinity and Marino Phone which lessened our burden spending the yuletide away home. We are still lucky I may say; far luckier from the seafarers before us. And that's just one thing to thank for.

Celebrating Christmas onboard means to celebrate with joy and laughter. Joyful heart for the blessings that the Lord has given us and the blessings that we shared to everyone. Our sacrifices are always worth the smile of the people we love back home.

From the Joyful People of JP Magenta "We must sail with Happiness in our Heart and Always Keep Safety in Our Mind" let us share our blessing from the Lord and celebrate the true meaning of Christmas. Merry Christmas everyone!

## FEATURED VESSEL

Environment Friendly Christmas Season  
by: C/Off Benjie L. Sebanes

Celebrating this festive season away from home is tough. Being onboard means overcoming loneliness and homesickness of being with family to celebrate joyful moments and activities together.

Despite all these, there are things that can be done to cope up with spending the holiday season away from love ones and one of those things is to celebrate this season in high spirits through DIY (Do-it-Yourself) Christmas items. During spare time, the group gathers to create and contribute to specific projects thus, strengthening camaraderie and rapport. Looking forward of making your own projects after a long day of work gives the similar feeling of being with your family during the holidays.

In compliance with EMS and EnMS, MV Camellia Dream came up with this celebration's theme: Environment Friendly Christmas Season where all items are crafted from recycled materials. Discarded non-fire retardant pillows and linens are created resembling snow; bamboo broom transformed into glittering Christmas tree; anti-piracy dummy replicating Santa Claus; worn out rain coat designed to a glamorous red suit.

Moreover, relative to the name of the vessel, Camellia Dream beautiful camellia blossoms were handcrafted from recycled cancelled charts. Also, from these charts and tissue paper, an abstract painting of Santa Claus was made as everyone dreams that He (St. Nicholas) a gift bearer, takes the reins so everyone goes home with the greatest promise of safe voyage and return.

Through the leadership of Capt. Jose J. Lata and C/E Wilfredo L. Tanjusay Jr., along with the entire officers and crew of MV Camellia dream, the yuletide and festivity of this season were made possible.

Wishing everyone a special Christmas and a prosperous New Year.

MV Camellia Dream 2017

## MV BRILLIANT ADVANCE

We truly value the spirit of Christmas as a celebration of the nativity of our soul's redeemer. Those are days wherein we feel an immeasurable happiness and unfathomable delight. As one of the most significant annual events of Christians is fast approaching, the the spirit of Yuletide season now fills the ambiance here in M/V Brilliant Advance. Artistic Christmas decorations and unique designs were now hung on each wall of our accommodations and the level of competition now rises as we prepare for the upcoming event. But above all, we offer these days as thanksgiving for the opportunity that HE has granted upon us. For these efficacious camaraderie and brotherhood that we have built on-board, and for the safe navigation in every initiation of propulsion of our engine as our voyage starts till it halts. From your M/V BRILLIANT ADVANCE FAMILY, "WE WISH YOU A MERRY CHRISTMAS AND PROSPEROUS NEW YEAR!"



## “The Perfect Picture of Christmas”

### MV KURENAI

The Christmas is drawing near, and a new year is about to begin, Everyone is so busy in making their own decorations, programs, and plans.

So did the crew of MV KURENAI...

The perfect picture of Christmas, the Holy Family and the new born Baby Jesus Christ, The savior and salvation of mankind and the whole World in the manger, MV KURENAI presents “The Savior’s Birth” the Transformation of recycled materials into an extraordinary spirit of Christmas.



### “The Making”

From used pallets, wasted cargo brooms, bamboo sticks, Used Burlaps, and cancelled charts and paints.



## MV KAIYO

### CHRISTMAS IS LIKE.....

Its Christmas Season again. For us Filipinos, it's a long and big celebration. It starts when we hit what we call "ber-Months" or when the calendar shows the month of September. We start to feel the cool air breeze which marks the cold season of Christmas. We see houses setting up their beautiful and astounding Christmas decorations. For me and my family, we typically start decorating our house during the first week of December. My siblings and I put up our Christmas tree. We put "Parols" outside our house and we set up Christmas lights and other Christmas decors. Also during Christmas, I together with my family, attend the so called "Simbang Gabi" wherein they say that if you are able to complete the 9 masses you can ask for a wish and it will be granted. Likewise, most of the time after the mass we enjoy eating "bibingka" and "puto bungbong". During Christmas Eve, we prepare food for us to take part on celebrating the birthday of our Lord, Jesus Christ. On the day of Christmas we attend the first mass in the morning and after the mass we spend the whole day together somewhere decent yet amusing. We enjoy seeing different embellishments of places nearby. Our celebration of Christmas is quite simple yet it feels complete. We feel blessed celebrating Christmas as a family who puts Jesus Christ in the center of our lives. It always feels good celebrating Christmas with our family and loved ones.

Now things are different. I walk through a different path of life. I choose to be away from my family and loved ones. I choose to sacrifice for their own good. I choose to be a seafarer. And becoming one means that I wouldn't be able to celebrate every Christmas with my family. During my first Christmas on-board I didn't know what to expect. I have this anxiety that I wouldn't be able to enjoy celebrating Christmas for it was my first time to celebrate away from my family, and aside from that I thought it would be awkward to celebrate Christmas with people I barely know. I thought it would be hard to unite people having different ideas on how to celebrate Christmas but it was just all in my mind. My first time to celebrate Christmas on-board almost feels like home. I enjoyed it. In comparison with my typical celebration of Christmas having it with my family is almost the same feeling I had when I celebrated it on-board. We had our Christmas party wherein we played and enjoyed different kinds of games. We had our exchange gifts and we took a meal together just like a family. For others who have been celebrating quite a lot of Christmas on-board, it feels rather boring for them but for me, having that kind of Christmas celebration on board for the first time was unexpected. I felt that I am with my family. And I am glad to say that celebrating Christmas onboard is almost like celebrating it at home.

Again, it's Christmas Season and I'll be celebrating it on board for the second time. Christmas season also means that the year is about to end and I am so thankful for this year. I am thankful that I was able to pass my licensure exam and also for receiving my license. I am thankful that that I am able to help my family financially. I am thankful that my family is always safe and in good health. I am thankful that I was able to join a vessel with thoughtful and understanding officers and crew. I am thankful that we are having a safe voyage. And the thing that I am most thankful for this year is the chance of celebrating Christmas for another year. Thanks God for the gift of life.



## **BIRTHDAY CELEBRANTS (MMSM STAFF) OCTOBER - DECEMBER**

**Eddie Gonzaga Jr 17-Oct- 75**

**Renato Robles 20-Oct- 82**

**Edwin Garcia 22-Oct- 73**

**Naoya Suzuki 28-Oct- 72**

**Jo Ann Molano 29-Oct- 92**

**Jeferson Avila 1-Nov- 83**

**Wenifredo Valdez 5-Nov- 69**

**Oliver Lopez 7-Nov- 72**

**Marvin Villa 23-Nov- 78**

**Joselito Malabanan 26-Nov- 60**

**Myca Andrea Luzon 20-Dec- 88**

# IMPORTANT SHIP'S OPERATIONS DURING COLD WEATHER

TECHNICAL  
SHARING  
INFORMATION



Situations become more challenging in cold weather than in the tropical weather starting from the Captain and the Chief Engineer down to the rest of the crew. However, since a vessel can be expected to go anywhere across the globe, it is imperative that entire on board staff is familiar with the precautions to be taken as the vessel approaches cold weather or freezing temperatures.

These extreme temperatures will depend upon the region rather than the month of the year, hence the ship is expected to have sufficient stock of certain stores so that emergency stocks are not requested from the shore office in areas where they may not be available. Here are some of the safety and precaution tips all crew must take note of.

## **1. Start By Draining The Fresh Water Lines On Deck:**

After final use, few days before entering low temperature area ensure that ALL the Fresh Water lines from Wheelhouse down to the upper deck are drained and the root valve inside the accommodations is shut off. Include the line on the monkey Island as well as it is often forgotten. Leave the hydrant valves in open position.

**2. Drain The Fire Line:** Just like the FW line, drain the Fire Line on deck as well and leave the after most hydrant open so that entire water of the line is drained.

**3. Check Anchor Wash Valves:** Recheck that Anchor wash valves are open as well.

**4. Check Deck Machinery:** Carry out a final check of the Deck Machinery, topping up levels in the gear case of winches and windlass. Top up the Hydraulic Oil tank for Forward and Aft machinery. When the temperatures and weather is extremely low it is likely that personnel in-charge of the mooring operations will forget to make basic checks.

**5. Monitor Glands:** In case the deck machinery is steam driven, you will do well to nip up all the glands and repack if some were leaking in normal condition. You may also use the opportunity to change any leaky gaskets, as in low temperatures it will only get worse.

**6. Do Greasing and Lubrication:** Carry out a greasing and lubrication routine of open gears and wires if found dry.

**7. Keep Oil Warm:** Before the deck machinery is to be actually used, start the Hydraulic Pumps in the Bosun Store and Steering Gear Room at least 1 hour in advance and allow at least one winch to run idling at slow speed. This will keep the oil warm by circulating.

**8. Try Out Cranes:** Try out cranes to see that all the pulleys are moving in sheaves and will not give you're a surprise when required.

**9. Try Out Overboard and Sea Suction Valves:** In the engine Room try out all the overboard and sea suction valves for proper operation.

**10. Try out the Steam Blow off valves:** Try out the Steam Blow off valves fitted on the sea chest and keep the steam pipe meant for the purpose near the sea chest. This valve is used very rarely and that too in very low temperatures when the sea is actually frozen.

**11. Check the Steam Coils:** Check the Steam Coils for Accommodation Air conditioning and drain the lines few days in advance. Due to not using, sometimes offensive gases are entrapped in the line from the boiler to the evaporation unit. Check that the air damper for fresh air is free and can be moved when required.

**12. Try out the Lifeboats:** Try out the Lifeboats to see that sheaves are in proper operation and the gear is operating to satisfaction.

**13. Check the coolant of the Lifeboat engine:** Check the coolant of the Lifeboat engine to see that it has sufficient concentration of anti freeze, much below the temperature that you expect to encounter. Try out the lifeboat engine and check the fuel tank level. Regularly check to see the charging condition of Life Boat Engine starting batteries.

**14. Check Emergency Generator and Engine:** In the same way as for LB Engine; carry out a comprehensive check of the Emergency Generator and Engine. Coolant, Fuel Level, Starting devices (both main and second start device).

**15. Check Pre Warming heater for M/E Jacket Cooling water:** Engineers may also use this opportunity to see that the Pre Warming heater for M/E Jacket Cooling water is functioning well, as this will be the most important piece in port of if running on Super slow speed in low temperature condition. Similar to as suggested on deck you may check all leaky steam gaskets and valve glands and repair them before valves are actually in use.

**16. Order Sufficient Winter Protective Accessories:** Order sufficient Woolen Parkas, gloves, innerwear etc. to avoid issues related to hypothermia. It is always better to order median sizes. It is a good practice to have them checked before use for proper condition, working of zips etc.





## ***Prepare your vessel prior navigating in cold weather-required check items***

Navigation in cold weather specially where ice is expected to be formed involved numerous hazards and various safety precautions should be taken by prudent navigator. Summarized below are some basic check items prior entering in a cold region. These procedures are only indicative, not exhaustive in nature and one must always be guided by practices of good seamanship.

1. Confirmation of draining fresh water & sea water pipelines of the vessel and display of appropriate notice at pump starting locations
2. Confirmation of draining all steam and exhaust pipelines
3. Pipelines which cannot be drained, are kept circulating & monitored
4. Protection of air driven motors & other pneumatic equipment (motors covered, water drained, anti-freeze lube oil used)
5. Continuous (no-load) operation of steering gear and deck machinery
6. Adding anti-freeze to emergency generator cooling water
7. Using correct grade of hydraulic oil in pumps and other hydraulic equipment (specially designed for cold districts)

8. Allowing sufficient ullage space for expansion in all water tanks (Including LifeBoat FW tanks)
9. Isolation and draining of bridge front window washing line and surrounding accommodation fresh water pipelines
10. Provide crew with appropriate equipment and warm clothing
11. Instructs all personnel on hazards of working in cold areas
12. Confirmation of adequate heating in accommodation
13. Adequate stock of antifreeze (de-icing salt) available on board
14. Confirmation of operation of bridge de-fogger system, clear view screen heating system and heating system for fog signal motor
15. Continuous operation of radar scanners (subject to terminal regulations )
16. Adding de-icing salt to ballast sounding pipes to facilitate sounding and avoid cracking
17. Confirmation of operation of space heaters for electrical panels and motors

# ADDITIONAL INFORMATION ON COLD WEATHER PRE-CAUTIONS

## *Machinery on open & exposed decks:*

1. Drain all service piping on weather decks including following piping to avoid freezing
  - a. bridge window wash lines.
  - b. Fresh water lines on decks, car hold, accommodation ladder and bunker stations.
2. Keep on pre-heating system of emergency generator room and other equipment in cold weather condition.
3. Ensure Emergency generator and life boat fuel oil tank does not freeze and if required additives, (Gasoline, kerosene or gas oil) to be added (if required) as per lifeboat manufacturer's guidelines.
4. Mooring winches /windlass to be tried out prior arrival port after long passage in cold weather. Hydraulic oil pumps for mooring machinery to be started in advance to keep the hydraulic oil circulating and warm-up.
5. Space heaters for motors located on open decks to be ensured switched-ON.

## *Navigational Equipment:*

1. Keep running Radar Scanners at all times in a port (If the local port authority permits to do so), or switch on Scanner heaters of the Radars if fitted.
2. Keep heating switch on for clear view screen / window wiper and defogger. (If there is no heating arrangement, wipers and clear view screens operated intermittently to avoid freezing).

## *Cargo Gear and related machinery:*

1. Hydraulic oil pumps for operating shore ramp locks, ramp winches and for inner slope ways to be started well in advance to keep the oil circulating and warm.
2. Add anti-freeze or replace the fuel in deck lifter fuel tanks with low temperature diesel. Keep sufficient stock (60-80ltrs) of low temperature diesel oil on-board, if vessel is scheduled to call ports with cold weather.
3. Try-out the deck lifter truck engines, prior arrival to load/discharge ports to confirm proper operating condition.
4. Previously vessels equipped with electric deck machinery of Manabe Zoki / Taiyo Electric, faced trouble with Dynamic Brake abnormal alarm and smoke from resistors and inverter panels. To avoid such trouble:
  - a. If the ambient temperature is sub-zero, stop the ventilation fan for forward store or steering gear (or run it intermittently) – so as to try maintaining above zero temperature in these spaces.
  - b. If DB (Dynamic Brake) Alarm is activated, try cooling the resistors by external cooling (fan / ventilation duct) – so that the trip can be reset.
  - c. Permanent rectification measures for this trouble will be taken at next dry dock for concerned vessels.

## **Engine Room Machinery:**

1. Manage number of engine room fan (exhaust and supply) to avoid low temperature in engine room, Care to be taken (in E/R) where fans blow directly on to electric motors to prevent over cooling.
2. Fuel oil circulating pumps for M/E to be continuously operated in usual manner with tracing steam kept open.
3. Main engine and stand-by generator fuel pump racks to be lubricated and moved by-hand more frequently and especially prior departure to ensure in good condition.
4. Main engine and Diesel generators to be changed over to diesel oil (after consulting SI), if for any reason maintenance on steam or fuel oil systems becomes necessary for long periods (in excess of 1 hour).
5. Ensure Main Engine cylinder oil pre-heater is on auto mode. Please note that the above mentioned are only for your general guidance, therefore please take all the necessary precautions, specific to your vessel to avoid any delays or breakdowns in cold weather. With regard to maintaining the operational condition of L/B Engine, Emergency Generator Engine & Car deck Lifter Truck,
  1. DMX grade Distillate Fuel (MDO) is most suitable for use in sub-zero temperatures.
  2. If you are calling cold ports and need to carry out deck changing operation, please consider ordering DMX grade (raise requisition or arrange thru local agent with consent of SMT SI).
  3. Fuel Oil for L/B engines should also preferably be DMX grade.
  4. Pour Point Depressant may be dosed to the fuel oil for L/B engine.
    - aa) Carryol KA-241 (Dosage Ratio: 1L : 5 M3)
    - bb) Carryol MD-336 (Dosage Ratio: 1L: 5 M3)
  5. Please consult SMT SI before dosing Pour Point Depressant (Cold Flow Improver).
  6. Please surely try out the L/B engine after adding Pour Point Depressant.
  7. If there is CFW in L/B Engine or Emergency G/E, please ensure that anti-freeze is added to it

# OCTOBER - DECEMBER CELEBRANTS

## ALBANY PIONEER

CLAYTON RIC RYAN EWA	15-Oct	BELMONTE JOHN CHRISTOPHER GABRIEL	21-Dec
DEGAYO MEDWIN ATOS	17-Dec	REMATA LESTER DE LA SERNA	27-Oct
DELA CRUZ RONALD CLANZA	22-Nov		

## BRILLIANT ADVANCE

AGUINALDO CELSO JR TAPEL	22-Oct	RAPIZ WENCY JR. REYES	30FF	14-Dec
VERCHES BURT BENJAMIN ABECINA	20-Nov	CALAMBA NATHANIEL		11-Nov
TANCAWAN ROMMEL BAYLON	8-Nov			

## CAMELLIA DREAM

BONTIA PHILIP RAY BAGUIO	9-Dec	MANDITA DANEILLE CARINGAL	24-Dec
SAMONTE JONATHAN BITANGCOL	1-Dec	SUCGANG HOMER FINES	12-Oct
CAPARO CARLO SALA C	3-Nov		

## CENTAURUS DREAM

MORES EDGAR FORTU	13-Nov	MADERAZO ROMULO AGUADO	7-Oct
YAMED ANTONIO LEGASPI	3-Nov	LEGASPI ALEX DELA CRUZ	11-Dec
VERZOSA ERROL ESPANTO	14-Nov	CALANDA BON GIO CORDERO	9-Oct
VICUNA RENIER TULLER	26-Oct		

## CRYSTAL PIONEER

CONJE JERICO ROMERICA	11-Dec	DELLOSO ALLAN MARTIN FAJARDO	26-Nov
LOZADA ARNOLD ASIS	12-Oct	NAVARRO JISH ZEUS	10-Dec
BALAJADIA REM BALASICO	27-Nov	REGASPI ALEXANDER PORTOD	15-Oct
CARREON AQUILINO JR. ERASMO	9-Nov		

## DYNACRANE

CATALBAS JEFFREY TAASINE	15-Nov	VALLEDOR ZANDRO	13-Nov
TACLUYAN CELESTINO JR. PONCE	10-Oct	PANELO EUGENE DEOCARIZA	13-Dec
YAMBAO REY FRANCIS ESGUERRA	14-Dec	TANJUSAY HONORATO LOPEZ	27-Nov
ALBAO RAYMOND SINON	2-Oct		

# OCTOBER - DECEMBER CELEBRANTS

## EIGEN

LINSANGAN ALLAN TEODORO  
SAB LYNDON JR. CUAMAG  
OYONG KEYNARD VALENCIA  
DE LOS SANTOS ROMEO CLAVERO II

10-Dec  
28-Dec  
7-Nov  
4-Dec

TAY LORENZO JR. BECARES  
BAZAR DARYL KLENT VALLENTE  
PAITON DAVID KEN LIN ARTHUR G. DEVELLES

21-Oct  
21-Dec  
27-Oct

## JPMAGENTA

LORICA PAULO LEGASPI  
JACINTO KRISTIAN MARK ABERIN

19-Oct  
19-Dec

DELA PENA HEHERSON OGOY  
CASTRO MARK ANDREI ELE

29-Nov  
23-Nov

## KAIYO

BURCIS JEFFREY LANGANLANGAN  
MADDARA MELITON JR. CAUILAN  
BALAGTAS LEONARDO SIMBOL  
SANDRO TRISTAN JAY CLANZA  
GATDULA JOHNZEL TIMBOL

31-Dec  
11-Dec  
9-Oct  
11-Oct  
28-Oct

BEROSIL PANCHO GADIA  
REYES GLENN SAN JOSE  
DATOR JEFFREY ABIT  
PIDO KENNETH JAN DELA CRUZ

3-Dec  
11-Dec  
7-Nov  
6-Nov

## KURENAI

DE CASTRO DEXTER ARCALAS  
SILANG ELMER MANALO  
ROY JOHN KELVIN LAFORTEZA

7-Dec  
1-Oct  
19-Dec

GANARIAS PEPE PRUIVAS  
CARREON ANDRES JR. VILLALVITO  
MONEDA JAN MARK APAN

11-Nov  
29-Dec  
30-Dec

## LAMBERT MARU

SALONoy FRANCISCO JUMUAD  
AMPOLOQUIO BRUNO JR ABARICO  
CABACUNGAN WELFREDO JR. LABADO  
CUI JONATHAN FORMENTERA

4-Oct  
29-Oct  
22-Oct  
31-Oct

BADURIA FELIX JR. OLINO  
VICTORIOSO ANGELO VILLACRUZ  
RIMORIN ROMARC JOHN JIMENEZ  
BAGON CARLO JOSEPH ARIAS

6-Nov  
1-Nov  
28-Dec  
8-Oct

## PILBARA MARU

MALLARI JOVETH MAGNAYE  
ABUEL FREDERICK ALVIN MISSION  
ELARDE CHRISTIAN GALAGAR  
SALVATERA PETER JOHN MACANAS

7-Nov  
5-Nov  
2-Oct  
28-Dec

GABUTAN BRIAN PULVERA  
PASCUAL BIENVENIDO JR. SENEDRIN  
ALVAREZ ANGEL JAY ANGULO

11-Oct  
27-Dec  
25-Dec

# OCTOBER - DECEMBER CELEBRANTS

## RMCALTAIR

SELUDO TOMAS MARANGUEZ  
BALENA BERNARD OMALLAO  
ERGINA JESSIERY ESCANDOR

10-Oct BRUTAS HONORIO JR. DEZA  
26-Oct MAGBANUA FRANCIS APOSTOL  
22-Dec EBIO PIERRE JAN CORRAL

9-Dec  
7-Oct  
19-Oct

## RMCRIGEL

DELA TORRE CLIMACO JR. IMPUESTO  
ESQUIVEL RAFAELITO CELEBRE  
LANGIT CEDRICK BACOD

13-Dec TALAVERA PRUDENCIO RELINGO  
22-Oct ABUBAKAR NASRUDDIN ESNAIN MSMN  
18-Dec RABONZA JASPER ADRIAN MATTERIG

13-Oct  
12-Oct  
23-Dec

## TARUMAESANMARU

MANCOL ARTURO ROSALES  
REOYO SYDNEY DADIVAS  
MENDOZA NELSON GONZALO  
BULACLAC TEODORO ELVAMBUENA

14-Oct ESTOQUE JURGEN FLORENTIN  
27-Dec HOFILENA REX NIERVA  
20-Oct PERALTA MARK ANGELO LALATA  
4-Oct MENDOZA CHRISTIAN OYOS

11-Nov  
29-Dec  
4-Oct  
17-Dec

## SEA ODYSSEY

PONO SANTIAGO AUSTERO  
MALABANAN WARREN UMALI  
VU QUAN THANH  
NGUYEN TUYEN THANH

27-Nov QUITO ALDRYN MOLATO  
20-Oct SALAYA REYMART ESTILO  
26-Oct MENDOZA STEVE MALUNES  
11-Nov DELA CRUZ REYLLAN DE FELIPE

29-Nov  
31-Dec  
6-Dec  
24-Nov

## VEGA DREAM

CABRAL RONALD ALLAN HUELGAS  
BACANI JERRY SERRANO  
REY FRANKLIEN SANTILLANA

17-Nov FLORENDO CRITE BARRIENTOS  
6-Dec TALISAYSAY KRIS MARTIN BATAAN  
22-Dec

28-Nov  
17-Nov

# OCTOBER - DECEMBER CELEBRANTS

## WHITE KINGDOM

GALANG EDRALIN AMBID  
TAYSA NORLITO ABAD  
ADEFUIN ARVIN MAGANITO  
ADORES KRISTIAN CLYDE SANCIO

6-Dec  
21-Nov  
20-Nov  
6-Dec

ACOSTA JIMMY COSTALES  
ANDAYA SALLUM  
NGUYEN VAN SON

31-Oct  
22-Dec  
16-Oct

## WORLD SWAN II

SINGSON REYNALDO BERIO  
MUECA CHRISTIAN RINON

22-Dec  
16-Dec

CERBOLLES ROBERT LIMJUCO  
LIMPANGOG MANNE CRIS TORING

1-Dec  
14-Dec

# Merry Christmas to Everyone!

*Capt. Marvin T. Villa*

In the beginning of a New Year we always hope for a brighter tomorrow for them so that no cloud of sorrow can mar the happiness in their life's horizon.

During the festive season you have spent hundreds or thousands of miles away from your loved ones. Far from exchange of laughter and the seasonal warmth we all enjoy. Through this celebration you must not feel sad because you have been the invisible workforce like a Santa that keeping the world turning. Through a fair or stormy weather you have brought food for the table, toys for our children, steel for homes, electricity and grit for our roads.

Lets see the simple joys onboard.

**1. The Internet:** On shore, internet has become pretty much a necessity along with food and drinking water! Life without the Internet is uninhabitable for some right? Well, it is a sort of a luxury on board! Yet to be implemented on board every vessel (a promulgated suggestion under the MLC), it is something that makes and keeps everyone happy. Seeing the face or hearing the voice (or even a text message) of a loved one after a tumultuous day at work via Skype, while in the middle of the Atlantic Ocean, provides solace like no other.

Some ships only have the availability of an emailing system (AMOS Connect), which, although not as effective as the Internet as a whole, aids in the process of keeping a sailor happy! Seeing a new email pop up during the voyage gives us a feeling of unparalleled joy and satisfaction, offering a temporary relief to the perennial loneliness. It's a small way of remembering that there are people back home who miss your presence and think of you. Trust me, in an extremely professional environment such as the ship, a touch of personal gesture, although virtual, works wonders.

**2. The Satellite Telephone:** If you recognize the INMARSAT satellite telephone code on your mobile, drop whatever you're doing and take that call! It is not a device we use to make routine calls to inform everyone that we're all right or to use it for frivolous conversation; instead, a sailor only makes a call when he's either really happy about something, or needs the support of a loved one. Either way, it is one of the biggest outlets for a seafarer outside the company of his shipmates. The calls are expensive and should never be taken as a regular ping to chitchat!

Being a navigating officer working on the bridge, they see everyone that comes by to make a call. Most leave the bridge with an incredible smile on their face! Almost all of the time, after a phone call, the person normally waits around to talk to us officers on the bridge, clearly showing a marked increase in joy. And when it is time for the festivals, it is a sight filled with emotion and happiness and longing. So yes, the telephone still remains the number one derivative of happiness onboard.

**3. The Recreational Room:** This is the college/boardroom 'common room' we all grew up with! Equivalent to the airport lounges after a hard tenure of travel, this little bit of real estate is where we congregate for a prolonged session of debate, films, and general tomfoolery! Be it a tea break during work hours, or the usual accepted time of sitting together post dinner; a well laid out smoking/recreation room keeps the sailors in binding on an everyday basis. This is where the films, music and other visual entertainment is stacked, bringing together seafarers of different ranks to sit together through a few hours. This is also where the cards are played, sports tournaments are planned and ideas are hatched, and, if the company policy allows, alcohol is consumed. Therefore, a smoking room that is well stacked with films, books, music, preferably a good gaming device and other such similar paraphernalia, is bound to keep every seafarer happy.

**4. Parties:** The ubiquitous parties on board are the sorts of thing every seafarer loves. Be it Christmas, New Year, someone's birthday or maybe just a good day; a good party on board makes each and everyone happy. Be it the meat that is barbecued to perfection out in the open while the ship cuts through the Atlantic/Pacific breeze or the loud blast coming out of the speakers to which every sailor dances his heart out- the party is the time when camaraderie and mutual affection reaches an all new high! Apart from the officer on watch

(who HAS to keep away from the pleasantries due to obvious responsibility, along with the Captain and the Chief Engineer), it is a given that almost everyone lets their hair down in those few hours. And do not judge us; it is not your average party out at night on shore, dressed sharp and hair gelled to the tip, reeking cologne all over! No, this is another grade; one of outlet and general revelry.

**5. Sleep:** No seafarer can ever deny that the most prized asset in the arsenal is a sound, long sleep! Overworked most of the times and in need of some rest, a seafarer looks forward to the time when he can go back to his cabin after a hard day/night at work for some rest and recuperation. Those who work onboard will know most of the times, going to the cabin inadvertently means going off to sleep (unless there are more pressing matters at hand). Frankly speaking, there is barely any energy and/or desire left to put on a film or to read a book for the after hours. Most of the times, a trip to the smoking room after the watch/deck work is just a precursor to doze off gradually into a few hours of bliss!

**6. Appreciation for good work:** In an increasingly professional work environment wherein human relationships take a backseat, a few words of appreciation can be a huge encouragement to an individual. It is not really necessary that it involves grand words of praise; however, a simple 'thank you' or 'good job' can go a long way in making seafarers feel the work they did was of immense value to someone else, thereby automatically increasing eagerness to work and efficiency in work.

**7. Bonuses/Perks:** We as human beings, seafarer or not, are tuned to accepting reward in the right spirit. Necessarily not monetary at all times, any form of reward increases output and is almost always taken in high spirits. A little extra in the month end allotment, or something from the side of the charterers always makes a seafarer feel involved in the processes of the company. Quite logically, appreciation combined with perks definitely ups the allegiance of an individual to his company in terms of work as well as loyalty.

**8. Timely Sign-off and Shorter contracts:** Ask any veteran in the field of the merchant navy, and he will tell you that the practice of timely sign off is a sign of a good company to work for. An employer, who puts the interest of a seafarer, especially when it involves his long due visit home, surely signifies great work ethos. The topic of shorter contracts also falls under the same purview, for short contracts ward off negative thoughts on behalf of the seafarer such as 'counting days to go home', 'when will the vessel be alongside' etc. Timely Sign-off is a matter of concern of every seafarer. Just like other humans, seafarers also have made plans and given commitments to their loved ones. Respecting the promises they have kept is all a seafarer asks for the shipping companies and owners.

**9. A Day Off:** A luxury that is not applicable to maritime professionals, a day off on board is something that brings with it immense joy and anticipation. A rare occurrence onboard, an off day gives most seafarers a much-required day away from work and responsibilities. Waking up late and lazing around in the cabin all day are small pleasures that come by once in a while and end up as a major refreshment of the body and mind for the seafarer.

**10. Good Food:** We've all read the quote "The way to man's heart is through his stomach". Well, it definitely holds strong on board. Seeing a good meal laid out on the table gives every man immense joy. And what sailor wouldn't be happy with a steaming plate of freshly prepared food right before/after his watch!

Though the above mentioned points sound extremely simple in today's world, it comes with great surprise that many merchant vessels still lack the bare necessities and rights of the seafarers.

May this New Year bring the happiest and the most memorable times that we get to spend as a family to be framed in gold in our minds forever. This New Years may you be able to dump all your worries and get a refill of happiness for a person as nice as you deserves nothing less than that.

Our warmest wishes to you for a peaceful New Year.

# JOKE TIME





**MAGSAYSAY MOL**  
**SHIP MANAGEMENT INC.**



**MAGSAYSAY MOL SHIP MANAGEMENT, INC.**

5/F Magsaysay Bldg. 520 T.M. Kalaw St.  
Ermita, Manila, Philippines 1000  
Tel: +63 2 526 9696  
Fax: +63 2 522 0847  
[www.mmsm.ph](http://www.mmsm.ph)